

TO MY FAMILY, PHYSICIANS, AND ALL THOSE CONCERNED
WITH MY CARE:

I, _____, willfully and voluntarily make this declaration as a directive to be followed if I am in a terminal condition and become unable to give directions regarding my medical care.

With respect to any life-sustaining treatment, I direct the following: (Initial only one of the following optional directives. If you do not agree with any of the following directives, space is provided below for you to write your own directives.)

_____ NO LIFE-SUSTAINING TREATMENT. I direct that no life-sustaining treatment be provided. If life-sustaining treatment is begun, terminate it.

_____ TREATMENT FOR RESTORATION. Provide life-sustaining treatment only if and for so long as you believe treatment offers a reasonable possibility of restoring to me the ability to think and act for myself.

_____ TREAT UNLESS PERMANENTLY UNCONSCIOUS. If you believe that I am permanently unconscious and are satisfied that this condition is irreversible then do not provide me with life-sustaining treatment, and if life-sustaining treatment is being provided to me, terminate it. If and so long as you believe that treatment has a reasonable possibility of restoring consciousness to me, then provide life-sustaining treatment.

_____ MAXIMUM TREATMENT. Preserve my life as long as possible, but do not provide treatment that is not in accordance with accepted medical standards as then in effect.

(Artificial nutrition and hydration is food and water provided by means of a nasogastric tube or tubes inserted into the stomach, intestines, or veins. If you do not wish to receive this form of treatment, you must initial the statement below which reads: "I intend to include this treatment among the "life-sustaining treatment" that may be withheld or withdrawn.")

With respect to artificial nutrition and hydration, I wish to make clear that (initial only one of the following:)

_____ I intend to include this treatment among the "life-sustaining treatment" that may be withheld or withdrawn.

_____ I do not intend to include this treatment among the "life-sustaining treatment" that may be withheld or withdrawn.

(If you do not agree with any of the printed directives and want to write your own, or if you want to write directives in addition to the printed provisions, or if you want to express some of your other thoughts, you can do so here.)

Date: _____

(Your Signature) _____

(Your Address) _____

(Type or Print Your Signature) _____

The declarant voluntarily signed this document in my presence.

Witness _____

Address _____

Witness _____

Address _____

On this the _____ day of _____, _____(year), _____, the declarant, _____, and _____, the witnesses, personally appeared before the undersigned officer and signed the foregoing instrument in my presence. Dated this _____ day of _____, _____(year).

My commission expires:

Notary Public